Breakfast 6am - 11am

Eggs your way on toasted sourdough 12 Poached/scrambled/fried +Bacon or roasted tomato 5

Cumin & lemon spiced hummus 20
Tomato, & coriander salsa, crumbed feta, pine nuts, sautéed capsicum dressing & poached egg on toasted rye bread

Avocado smash 21
Tomato salsa, crumbed feta, dukkah, balsamic glaze & poached eggs on toasted sourdough +bacon 5

Mushrooms & parmesan on toast 20
Sauteed mushrooms, parmesan & poached eggs on toasted sourdough
+bacon 5

Bacon & egg relish roll 15 House made chilli relish, bacon, cheese & fried egg

Toasted sourdough & preserves 8

Jam/peanut butter/vegemite

House made granola 15 Honey yogurt & berry compote

Toasted banana bread 7 Classic banana bread with butter

Fruit toast with butter & jam 8

Plain croissant w butter & jam 6

Ham and cheese croisssant 10



Gourmet toasties 10

The "Classic" Ham & mature cheddar

The "King cheese" Tripe cheese, tomato & aioli

The "Baconator" Bacon, cheddar & chilli relish

The "Italian" Mortadella, salami, cheese, aioli & tomato

The "French" Brie, chicken, tomato & aioli

The "Aussie" Avocado, cheddar & vegemite

The "Spicy one" Jalepeno, cheddar & chilli relish

Cold pressed juices from pure and healthy 8

Pure orange locally sourced oranges

Beta C Beetroot, apple & lemon

Passion fruit halo
Passion fruit, orange & mango

Lemon tonic Lemon, apple & ginger